

GRIEF SHARE®

*Grief recovery
support group*

GriefShare seminar/support group at Grace Lutheran Church is open to anyone in our community. It begins February 23 and will be held every Thursday through May 24 from 2:30 PM - 5:00 PM in our Senior Center.

GriefShare is a video seminar featuring some of the nation's foremost Christian experts of all denominations on grief and recovery topics as seen from a Biblical perspective. Each seminar is combined with a grief support group discussion time to allow group participants to talk about the content of the seminar and about how they are dealing with the death of their loved one.

Each session is "self-contained," so you do not have to attend in sequence. Many GriefShare alumni tell us the program helped them move from deep grief to peace and a sense of joy again.

For details call the Grace Lutheran Church office at 293.8447.

**YOUR
JOURNEY FROM
MOURNING TO JOY**